



Recreation Newsletter Spring 2015

6550 Delilah Road, Suite 101
 Egg Harbor Township, NJ 08234
 609-485-0800 www.arcatlantic.org

**April, May and
 June 2015**

PLEASE READ THE INFORMATION BELOW! IN ORDER TO PREVENT ERRORS AND TO KEEP FROM REGISTERING FOR TWO CLASSES ON THE SAME NIGHT OR FOR MORE THAN ONE OF THE SAME CLASS IT IS IMPORTANT THAT YOU READ THIS NEWSLETTER. PLEASE BE CAREFUL WHEN COMPLETING THE REGISTRATION FORM.

Registration will only be accepted by using the registration form inside this newsletter. You can download the newsletter and registration forms online at www.arcatlantic.org. Registration will not be processed unless the registration form is completed and a check and/or money order made payable to The Arc of Atlantic County is included. Cash payments must be coordinated with Allison Veneio at 609-485-0800 extension 161.

Your options for returning your registration form and money are:

Mail to: Recreation Registration at The Arc of Atlantic County, 6550 Delilah Road, Suite 101, Egg Harbor Township, NJ 08234.

Bring it to: The Arc of Atlantic County during normal business hours of 8:30 AM—4:30 PM and give it to the receptionist.

DO NOT bring a registration form to a program. DO NOT place registration forms or payments in Sue Kinsell’s Office.

If you are unable to pay for everything at the same time, please contact Sue at 609-485-0800 ext. 191 about possible payment options.

A confirmation letter will be mailed to you once your registration has been process. This form will also serve as your receipt for payment.

There has been some confusion over what entrance to use for the Arc Administration building for evening activities. Parking is also an issue. Hopefully this will help: **Adult Evening Classes (with the exception of computer classes) and Game Night:** Please enter at the back of the building using the Adult Training Center (ATC) entrance (there is an awning over the door. Please DO NOT park by the door, curb cutout area or any place along side of the building. There are plenty of parking spaces in the back lot after 5 pm. The area by the curb is for drop offs and pick ups only. It is the only place there is a curb cut for people who use wheelchairs. If the door is locked ring the door bell to your left. It is very loud inside the building and the staff person running the activity will answer the door and let you in. HINT: The door is usually unlocked 15 minutes before an activity begins while the staff can be in the kitchen area to see who is coming in. Once the activity starts, the door gets locked and you will have to ring the bell.

Special Olympic (SO) Sports

<p>The Arc of Atlantic County is a local training program with Special Olympics New Jersey. The Arc offers training and participation in the following sports:</p> <p>Fall: Golf and Soccer</p> <p>Spring: Bowling and Basketball</p> <p>Summer: Track & Field, Softball and Bocce</p>	<p>Registration for these sports is done through the registration form in the quarterly news letter.</p> <p>We are currently in the Spring Season and have already taken registration for the Summer Sports. Practices for the Summer Sports will begin in March.</p>	<p>In order for you to participate and compete in any of these sports you must complete a Special Olympics New Jersey 3 year Medical Form.</p> <p>For more information on any of these sports please contact Sue at skinsell@arcatlantic.org or 609-485-0800 ext. 191.</p>
--	---	--

Consumers Cancellations

If you will not be able to attend a program for which you have registered, you must follow these instructions to cancel. Call Allison at 609-485-0800 ext. 161; if you don’t get her, you then call Sue at ext. 191 or Kathi at ext. 164.

REPEATED
NO CALLS/NO SHOWS
MAY JEOPARDIZE
YOUR PARTICIPATION
IN FUTURES CLASSES
AND PROGRAMS!

Social Events

DANCES

When: Spring, Wednesday,
April 15

Summer, Wednesday, June 17

Time: 7:30 PM - 9:30 PM

Where: Carriage House, 25 South Pitney Road, Galloway. The cross street is Collins Road.

Cost: *\$8.00 per person to be paid in advance with this registration form.*

There is a cash bar for beverages. Food is not available for purchase.

Doors for the dance will not be opened until 7:15 PM.

GAME NIGHTS

When: Wednesday, April 22

Tuesday, May 19

Wednesday, June 10

Time: 6:00 PM - 8:00 PM

Cost: \$5.00

Where: The Arc Multipurpose Room
Use the ATC Entrance

Limit of 20 participants

Come out and enjoy a night of board games, card games and socialization with friends.

EHT ELKS BINGO

When: Wednesday, April 29

Wednesday, May 27

Wednesday, June 24

Time: 7PM - 9 PM

Where: Egg Harbor Township Elks Lodge, 1815 Mays Landing Road (Rt. 559), EHT

Cost: \$3.00 each month

***Please note that we are now charging an administrative cost for the Elks Bingo. The cost is for each month of Elks is \$3.00 each.**

Inner Harbor, Baltimore Bus Trip

When: Saturday, May 2, 2015

Time: 6:45 AM—9 PM

Cost : \$187.00

Want to see the Inner Harbor in Baltimore? Then we have the trip for you. We will be going with Egg Harbor Township Recreation Department on a bus trip to the Inner Harbor in Baltimore. Once there, we will go to the National Aquarium, walk around the Harbor and have lunch. Cost includes: Bus transportation to and from Baltimore from the Egg Harbor Township Municipal Building, Admission for the Aquarium, Lunch, and chaperones for the day. The cost does not include spending money.

This trip is a lottery drawing. You must indicate on your registration form that you want to be entered into the drawing for a spot on this trip. Do not send payment for this trip. If selected you will then pay for the trip. The drawing will be held on Monday, March 23rd.

If you need to cancel for any reason, refunds will only be given if I am able to replace you.

Please Note: This trip is for people who can spend the day walking with very limited breaks. Additionally, the bus is not accessible.

Ellis and Liberty Island Bus Trip

When: Saturday, May 30

Time : 6:45 AM - 7:00 PM

Cost : \$182.00

We will be going Liberty State Park in Jersey City where we will take the ferry to Ellis and Liberty Islands in New York. While on the Islands we will learn the history and get to see the



Statue of Liberty. The cost of this trip includes; transportation from the Egg Harbor Township Municipal Building, ferry ticket, lunch and chaperones.

This trip is a lottery drawing. You must indicate on your registration form that you want to be entered into the drawing for a spot on this trip. Do not send payment for this trip. If selected you will then pay for the trip. The drawing will be held on Monday, March 23rd.

If you need to cancel for any reason, refunds will only be given if I am able to replace you.

Please Note: This trip is for people who can spend the day walking with very limited breaks. Additionally, the bus is not accessible.



“Ever After” Play at Paper Mill Playhouse

When: Saturday, June 20

Time: 10:30 AM - 6:30 PM

Cost: \$160.00

We will be going the Paper Mill Playhouse in Millburn, NJ to see the new musical based on the 1998 film. The cost of this trip includes; transportation from The Arc of Atlantic County, show ticket and chaperones.

This trip is a lottery drawing. You must indicate on your registration form that you want to be entered into the drawing for a spot on this trip. Do not send payment for this trip. If selected you will then pay for the trip. The drawing will be held on Monday, March 23rd.

If you need to cancel for any reason, refunds will only be given if I am able to replace you.

April

Zumba

It's back! You'll have so much fun dancing during this hour, you won't even realize you were exercising. **You must sign up for all five classes.**



Date: Thur. April 2,9,16,23,30

Time: 6:30 to 7:30pm

Cost: \$25.00 for all five classes

Location: Arc Multipurpose Rm.

Use the ATC entrance

Class limit—30

Instructor: Michelle Gano

Exercise



You'll have so much fun during this hour and a half you won't even realize you were exercising. So come

out and enjoy. *You can bring your weights, it is optional.*

Date: Tue. April 7

Time: 6:30 to 8PM

Cost: \$6.00

Location: Arc Multipurpose Rm.

Use the ATC entrance

Class limit—20

Instructor: Lannie Winston



Nature Bingo

This is not just any bingo, we use nature pictures instead of numbers. Come enjoy the night out and win some prizes.

Date: Wed. April 8

Time: 6:30 to 8pm

Cost: \$8.00

Location: Arc Multipurpose Rm.

Use the ATC entrance

Class limit—20

Instructor: Merri Tozer

April (Continued)

Clay Bird Feeder

Do you enjoy watching birds? If so you are going to enjoy this class. We will be molding clay into the perfect **Bird Feeder**. Once finished you can place bird food in your feeder and set it outside by a window and watch the birds come to eat.

Date: Tue. April 14

Time: 6:30 to 8pm

Cost:\$20.00

Location: Arc Multipurpose Rm.

Use ATC entrance

Class limit-20

Instructor: Meredith

Dinner with Katrina

If you love cooking, you are going to love Katrina's Class. In this class, we are learning how to make **Chicken Broccoli Alfredo**. This is something easy, we can make at home to enjoy with friends and family.

Date: Tue. April 21

Time: 6:30 to 8pm

Cost: \$15.00

Location: Arc ATC Kitchen

Use ATC entrance.

Class limit—15

Instructor: Katrina Tozer



Spring Mixed Media

You will enjoy tapping into your creativity and forming a wonderful piece of art. Using paint, stickers and other materials.

Date: Tue. April 28

Time: 6:30 to pm

Cost: \$12.00

Location: Arc Multipurpose Rm.

Use the ATC entrance

Class limit—15

Instructor: Katherine Sear

May

Cooking Class

If you enjoy spice food you are going to love this class. We are going to learn the art of Mexican Cooking by making **Chicken Enchiladas**. So come join our Cinco de Mayo Cooking Class.

Date: Tue. May 5

Time: 6:30 to 8pm

Cost: \$15.00

Location: Arc ATC Kitchen.

Use ATC entrance.

Class limit—15

Instructor: Sue McCarthy

Line Dancing

Have fun and get fit while dancing to your favorite pop and country line dances. **You must sign up for all three classes.**

Date: Wed. May 6,13,20

Time: 6:30 to 8pm

Cost: \$15.00 for all three classes

Location: Arc Multipurpose Rm.

Use the ATC entrance

Class limit—20

Instructor: Brenda Patterson

Canvas Creation

In this class you will enjoy using your creativity to paint on canvas. You can keep your work of art or give it away as a nice gift.

Date: Thur. May 7

Time: 6:30 to 8pm

Cost: \$20.00

Location: Arc Multipurpose Rm.

Use the ATC entrance

Class limit—30

Instructor: Meredith

Clay Art

If you enjoy molding things out of clay, I think you will love this class. We will be using clay to create your master piece.

Date: Tue. May 12

Time: 6:30 to 8PM

Cost: \$15.00

Location: Arc Multipurpose Rm.

Use the ATC entrance

Class limit—20

Instructor: Lannie Winston

May (Continued)

Cooking Class

If you enjoy BBQ you are going to love our Memorial Day BBQ Cooking Class. We are going to work together and make **Roasted Peppers and Turkey Burgers**. You can use these skills in the kitchen or in your back yard this summer.

Date: Thur. May 14

Time: 6:30 to 8pm

Cost: \$15.00

Location: Arc ATC Kitchen.

Use ATC entrance.

Class limit—15

Instructor: Sue McCarthy



Flower Creation Mixed Media

You will enjoy tapping into your creativity and forming a wonderful piece of art. Using paint, stickers and other materials.

Date: Thur. May 21

Time: 6:30 to 8PM

Cost: \$12.00

Location: Arc Multipurpose Rm.

Use the ATC entrance

Class limit—15

Instructor: Katherine Sear

June

Cooking Class

If you enjoy the grill you are going to have so much fun. We are going to work together and make some amazing **Shish Kabobs** on the Grill. You can use these skills in the kitchen or in your back yard this summer.

Date: Tue. June 2

Time: 6:30 to 8pm

Cost: \$15.00

Location: Arc ATC Kitchen.

Use ATC entrance.

Class limit—15

Instructor: Sue McCarthy

June (Continued)



Game Show

If you like games and love prizes, you are going to enjoy the evening. We will be learning how to manage, book and tell time.

Date: Wed. June 3

Time: 6:30 to 8pm

Cost: \$8.00

Location: Arc Multipurpose Rm.

Use the ATC entrance.

Class limit—15

Instructor: Rose

Zumba

It's back! You'll have so much fun dancing during this hour, you won't even realize you were exercising.

You must sign up for all four classes.

Date: Thur. June 4,11,18,25

Time: 6:30 to 7:30pm

Cost: \$20.00 for all four classes

Location: Arc Multipurpose Rm.

Use the ATC entrance

Class limit—30

Instructor: Michelle Gano



Father's Day Ceramics

Father's Day is coming up!! If you enjoy painting and enjoy ceramics, come out and pick a ceramic piece to paint for your dad. It will be a great Father's Day Gift.

Date: Tue. June 9

Time: 6:30 to 8pm

Cost: \$20.00

Location: Arc Multipurpose Rm.

Use the ATC entrance

Class limit—30

Instructor: Meredith

June (Continued)



Dessert

In this class, we will learn how to make

Homemade Granola.

Once we have made the granola we are going to make **Yogurt Parfaits.**

They are great for breakfast, snack, parties and holidays.

Date: Tue. June 16

Time: 6:30 to 8pm

Cost: \$12.00

Location: Arc ATC Kitchen.

Use ATC entrance.

Class limit—15

Instructor: Lannie Winston

Summer Mixed Media

You will enjoy tapping into your creativity and forming a wonderful piece of art. Using paint, stickers and other materials.

Date: Tue. June 23

Time: 6:30 to 8PM

Cost: \$12.00

Location: Arc Multipurpose Rm.

Use the ATC entrance

Class limit—15

Instructor: Katherine Sear

Cooking Class

If you enjoy a good salad you are going to love our **Summer Salad**. We are going to work together using fruits and vegetables that are in season plus utensils from the kitchen to make on of the best salads ever.

Date: Tue. June 30

Time: 6:30 to 8pm

Cost: \$15.00

Location: Arc ATC Kitchen.

Use ATC entrance.

Class limit—15

Instructor: Sue McCarthy

Don't Wait
Register early so
I can see you.





Address Service Requested

Non Profit Org
US Postage
PAID
Permit #275
Pleasantville
NJ 08232

6550 Delilah Road, Suite 101
Egg Harbor Township, NJ 08234
www.arcatlantic.org

General Questions:
Phone: 609-485-0800 extension
191 - Sue
Fax: 609-407-6282
Email: skinsell@arcatlantic.org

**You can now download the
Recreation News Letter and
Registration Form OnLine
at www.arcatlantic.org**

Do you enjoy helping your community? Do you like doing service projects with friends? Then **Aktion Club** is for you. For more information or if you have any questions about **Aktion Club**, please call **Renee** at 609-485-0800 extension 180.

The Wonder Workers Self Advocacy Group will meet the first Wednesday of the month. The meetings are held from 6 PM- 7:00 PM at The Arc offices. If you are using Access Link, please tell them the Main Entrance. If you have any questions about self advocacy please call **Shereen Macdonald** at 609-485-0800 extension 169.

Adult Evening Class Info.

Volunteer Instructors are always needed. If you have a **skill, hobby or activity** that you would like to teach or share, we would like to hear from you. **Call Sue Kinsell at ext 191 or Kathi Lentz at ext 164 for more information.**

**CONSUMER
CANCELLATIONS FOR AEC**

If you are unable to attend a class please use the following guidelines to cancel. Call **Allison Venezia** at 609-485-0800 extension 161. If you do not get her, call Sue Kinsell at 609-485-0800 ext 191 or Kathi Lentz (ext 164) **Repeated NO CALLS/NO SHOWS may jeopardize your participation in future classes and programs.**

Weather Related

Cancellations Of Programs

In the event of a program being cancelled, each participant will receive a phone call from The Arc at least 1 1/2 hours prior to the start of the program. If you do not receive a phone call, the program will occur as scheduled.

**Friday Night
Teen Group**

Are you between the ages of 13-25 and looking to do fun things with people your own age? The Friday Night Teen Program is held twice a month year round. For more information on this group please call **Lori** at 609-485-0800 extension 177.