



Please Join Cygnus Creative Arts Centre for  
Dance/Movement Class for Adults with Special Needs !  
Tuesdays from 1pm-2pm, Beginning 09/09/14  
Classes will be held at:  
Egg Harbor Township Community Center  
5045 English Creek Ave Egg Harbor Twp, NJ 08234

This program will provide the opportunity for adults with special needs to participate in a weekly dance/movement class. This class will support individuals to increase their self-esteem, support positive peer interactions, increase social skills, increase body level awareness and to utilize dance/movement as a coping skill. Individuals will be supported to engage in creative expression and to connect with others through the joy of dance/movement ! No prior dance experience is necessary.

This program will be facilitated by Amy Sorrento, MA, BC-DMT, LPC, NCC, Cygnus Creative Arts Centre Instructor. Amy is a board certified dance/movement therapist, professional counselor and dance/movement instructor. Amy has an extensive dance background and has provided dance instruction in various settings. Amy has received extensive clinical experience providing therapeutic services for various populations, including adults and children with special needs. Amy is excited and grateful to provide this dance/movement program for consumers of The Arc of Atlantic County !

Class is sponsored by Cygnus Creative Arts Centre. There is no charge for consumers of The Arc of Atlantic County.

For further information and registration, please contact:  
Sue Kinsell @ 609-485-0800, ext. 191, skinsell@arcatlantic.org